

LIFT REMOVAL AFTERCARE

Correct aftercare is vital to ensure we achieve the best results and minimise the risk of scarring and complications.

IMMEDIATELY POST-PROCEDURE

- The treated area should not be covered (as much as possible) and allowed to "air dry". If a dressing must be used, use a breathable type and remove as soon as possible.
- A thick, protective crust will start to form over the treated area. This must be kept clean at all times.
- Clean the area by blotting with saline and a gauze pad 3x a day. Never apply ice to the area.
- Do not soak the area with water. It must be kept as dry as possible at all times. After showering, ensure you gently pat dry with a clean gauze.
- Avoid any heavy exercising or sweating whilst the area is healing. No saunas, steam, swimming etc.
- Never disrupt or pick the crust as this can lead to scarring. It should naturally peel away in around 10-14 days.
- Look after the area, do not compromise the healing process.

WHEN THE CRUST COMES AWAY

- Avoid sun exposure for a minimum of 12 weeks and introduce gradually. Following this, ensure the area is protected with a high SPF.
- The treated area should be left untreated for a minimum of 8 weeks or until normal skin texture has returned.
- During this time it's recommended to keep the skin well moisturised with a recommended cream or Vitamin E oil, firmly massaging 2-3 times per day.
- Whilst lips are healing, it's recommended to drink through a straw. Brush teeth with a natural toothpaste (no bleach/peroxide).
- The area can stay pink for several weeks, on some it can take a few months for the discolouration to completely heal. This is a normal response to the tattoo removal procedure.

FAQ'S

HOW LONG DOES THE TREATMENT TAKE?

Approximately 30 minutes. For larger body tattoos up to 5cm², around 45 - 60 minutes.

WILL THE REMOVAL SOLUTION STAY IN MY BODY?

It's very unlikely. The Li-Ft is pushed from the body upwards, along with the pigment during the healing process. It is designed to attract the pigments and lift it from the skin via the epidermis. It is not designed to camouflage or replace pigment.

IS THE TREATMENT SUITABLE FOR ME?

A thorough consultation should always take place prior to the treatment. The procedure is very similar to the initial treatment and so the skin will react in a very similar way. Darker skin types are more at risk of scarring and it may not be recommended on these clients.

HOW MANY SESSIONS WILL I NEED?

This will depend on if you are trying to lighten / fade an existing tattoo or completely remove, along with additional factors. Black carbon-based pigments will lift the easiest, whilst titanium dioxide particles are much larger, they will require more sessions. You should expect anywhere from around 1-4 sessions.

WHAT COLOURS CAN BE REMOVED WITH THIS SYSTEM?

Li-Ft isn't colour selective unlike laser removal, and removes all colours in the same way.

HOW LONG UNTIL I CAN HAVE THE SECOND SESSION?

Further treatments should be left for a minimum of 8 weeks to allow the skin to heal.

HOW SOON WILL I SEE THE RESULTS?

When the crust comes away, it takes the unwanted pigment with it and results will be visible, usually around 10 - 14 days. The skin continues to heal over the following months.

CAN I HAVE THIS IF I'VE HAD LASER?

This depends on the amount of laser sessions and condition of the skin, however you must still wait a minimum of 8 weeks following a laser treatment. Laser can cause chemical changes in the pigments and dermal scarring which may effect the results from a Li-Ft removal and further tattooing procedures. Many Li-Ft procedures have been successful on areas where a laser removal has not.

DOES LI-FT WORK IN THE SAME WAY AS A LASER?

No. A laser uses wavelengths of light which disperse the pigment particles, pushing them deeper into the skin therefore allowing them to enter the body's natural removal via the lymphatic system. Li-Ft works in the opposite way by drawing the pigment particles upwards and exiting through the skin.

WHAT DOES IT LOOK LIKE AFTER?

Following your treatment the skin may look red and inflamed. Swelling is common but should subside within a day or so. The area then begins to scab which lasts around 10 - 14 days on average. Once the scab comes away, the skin may look pink for a few weeks - months following.