GENERAL SPMU BROW AFTERCARE

STEPS TO FOLLOW AFTER YOUR TREATMENT

DAY 1

Wash and wipe your brows at the following times, apply small wipe of Skin Candy each time.

DAY 2

Wipe the Brows 3 times, apply small wipe of Skin Candy each time: Morning, Midday, Evening

DAY 3-5

Leave brows alone, allow them to dry up (during that time no makeup, creams or water on or around the brow (this includes swimming AND sweating)

DAY 6

Start using Skin Candy: ONCE A DAY, apply a VERY thin layer in the morning until all the scabs fall off. (DO NOT pick, pull or peel at your eyebrows during healing, you will pull out your pigment) Tip! Save your wash and Skin Candy for your touch up

DAY 8

You can start washing your face and hair normally.

WHAT TO EXPECT/WHAT IS NORMAL

DAYS 1-5

Brows will appear darker and thicker. DO NOT PANIC! Scabbing is forming over the strokes to protect the area.

DAY 5-8

As the scabs start coming off, brows may appear patchy (be patient, it's just a few days, the balm will help with the flaking and itching)

DAY 9-12

The pigment/strokes under the scabs may look light or milky due to the thin layer of scar tissue, this is completely normal

DAY 12-21

The pigment will "re-surface" once the thin layer of scar tissue heals and strokes will appear darker. Any strokes missing will be replaced at touch up

ESSENTIAL AFTERCARE

FOR 7 DAYS AFTER

Do not get your eyebrows wet

No sweating at the gym

FOR 14 DAYS AFTER

No swimming

Do not wear any brow makeup

Avoid saunas and jacuzzi

Avoid sunbeds and spray tans

Avoid Facials

Avoid hot sun - you can wear sunscreen once the scabs fall off

FOR 30 DAYS AFTER

Avoid any laser or chemical treatments or peels and/or any creams containing retinol/retina A's or Glycolic Acid on the face or neck

 $oldsymbol{\mathsf{X}}$ Do not pick, peel or scratch your eyebrows during healing

Once healed, apply SPF 30-50 daily to avoid fading

Please trust the process, I'm here if you have any questions.